



Simon & Garfunkel:  
A memory preserved

By DAVID HINCKLEY



Penn, 'Mystic'  
take 1st awards

By JACK MATHEWS

# NOVEMBER WEDNESDAY

RETURN OF THE ELF: Liv Tyler as the princess Arwen in "Lord of the Rings: The Return of the King"

## Liv-ing It Up

*'Rings' star dishes on beauty secrets, weight woes — and her rocker dad*

By LISA ARCELLA

INSIDE ENTERTAINMENT ■ WEATHER ■ HOROSCOPE ■ COMICS ■ ADVICE

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# Daddy's Girl

*Liv Tyler gets beauty tips from pop, praise for 'Rings'*



BY LISA ARCELLA

PHOTO: GUY AROCH

**W**hy does Liv Tyler look so good in the "Lord of the Rings" trilogy?

She gets her beauty tips from her father, Aerosmith's Steven Tyler.

"My dad has great skin," says Tyler, who'll be on screen again Dec. 17 as the elf princess Arwen in "Lord of the Rings: Return of the King." "My mom [1974 Playboy Playmate Boke Blue Day] and my grandmother do, too. They taught me from a very young age how to take care of my skin."

"Every single day I wash and tone and moisturize. I use a lot of different products and I am diligent about it. It's hard work."

Steven Tyler moisturizing? So much for sex, drugs and rock and roll.

"My dad also taught me about the

importance of a really good diet. If you drink a lot of water and eat olive oil, your skin just gets so alive."

Tyler recently attracted a new legion of female fans when she declared her independence from movie bosses who told her to lose weight or risk losing top film roles.

The 5-foot-10 Tyler trimmed down to 125 pounds for "Lord of the Rings"—the trilogy was shot in 1999—and has put back 28 pounds since then.

"I've been told that if I lose weight, I'd have more work," she told reporters last month, "but...to the rest of the world I am slim and I like the way I am."

Tyler strugs and says that unlike nearly every other actress on the planet, she refuses to obsess about her body.

"If I have something coming up, I will be really good," she says, "but you also have to have fun sometimes."

It's hard for Tyler to believe the "Rings"

**MODEL CHILD:**

Liv Tyler strikes a pose, l; with dad Steve, top.



DAVID MAYER



saga is nearly over. "It's interesting," she says. "It's kind of like graduating high school to me."

"Four years of our lives, we worked so hard and we have become so close as a group, but at the same time there is this really incredible feeling of anticipation of what the future holds. We will always be friends, but we have to see what's out there, too."

"We have been playing the same characters for almost four years and I am quite excited to say goodbye to that and try other things, but it is sad at the same time."

Tyler says she is only now starting to gain a perspective on the popularity of the movies.

"Now that we are finished and it is coming to a close, there is this feeling of 'Ahhhh, I can't believe this.' I saw these kids who had these Arwen dolls and I

thought, 'Wow, I am a Barbie doll!'"

She also feels the movies have satisfied early critics who worried they wouldn't honor the Tolkien books.

"I think it was a big responsibility that we handled well," she says.

"I have friends who are big fans of the books and read it every year, and now they are actually saying to me that it is so magical for them to be able to step inside that world through the film and take their imagination to a whole new level."

Tyler has stepped into a new level away from the soundstage, too.

In March she married English rocker Royston Langdon of the glam group Spacefug. She landed a lucrative contract endorsing the Givenchy fragrance called Very Irresistible, and she has just been appointed as a National Ambassador for the U.S. Fund for UNICEF.

She says she wanted to get involved with the organization after meeting Audrey Hepburn's son Sean at a fundraiser. The late actress is her idol.

"I was really blown away and inspired by everything that she had done for children via and through UNICEF and I guess it really, really floored me in a way that I hadn't ever felt toward a public figure before," Tyler explains.

"To see her kindness was inspiring and spoke to me as a person. She was so real and so elegant."

"I am also inspired by what Angelina Jolie is doing by traveling to places like Cambodia to help children by actually being there and being more involved."

Tyler says right now she just plans on enjoying her first holidays as a newtwood in the city she loves.

"I was raised in New York," she says. "I

#### RESPECT YOUR ELF: Hugo Weaving and Tyler in "The Lord of the Rings" trilogy

think I really appreciate so many different neighborhoods and parts of New York for different reasons. I went to the upper West Side recently where the park is and these beautiful old houses."

Hollywood gets her time only when she has a movie to make.

She'll be out there in February to promote "Jersey Girl," a movie better known as the first Ben Affleck-Jennifer Lopez movie since the "Gigli" disaster.

Tyler won't join the "will they, won't they" speculation about Benifer, but she roves about Affleck's "teaching...sensational" performance.

"I have never been a big L.A. girl," she says. "I feel best in New York. It feels like home to me."

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