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WOMAN'S DAY SPECIAL INTEREST PUBLICATIONS

covergirl

A portrait of Jennifer Lopez with long, straight, light brown hair, wearing a black off-the-shoulder top. She is looking directly at the camera with a slight smile. Her arms are crossed in front of her. The background is a solid blue color.

jennifer

Why
she's
got **more**

aniston

style than

any

woman on
Earth

by Lisa Arcella

There's no doubt about it, Jennifer Aniston is having the year from hell. As anyone who's gone through it knows, breaking up can be devastating—no matter who's to blame. Imagine having to do it in front of the entire planet!

Instead of wiggling out like most of us might in a similar situation, Jennifer seems to be handling the public scrutiny of her split with husband Brad Pitt with her usual style and grace. Here are just a few more of the many reasons why, no matter what, her adoring fans (practically all of us) love and admire her.

The Bod

DESPITE TOUGH TIMES, JEN'S KEPT HER RANK AS BEST BOD IN HOLLYWOOD. Her no-fail plan: The Zone diet (although she still admits to an occasional Mexican food binge) and workouts three or four times a week. "I do 30 minutes on [the Precor elliptical machine], and then I'll run for 15 minutes, like a sprint," she has said. Add in her new favorite, Budokon, a mix of yoga and martial arts, and the result is a bod that always looks great.

"Sure I'd have a facelift. But **I also might love growing old.** Right now, I love what's happening to my body."

The Clothes

THE WORLD'S LEADING FASHION DESIGNERS ON WHY JENNIFER IS AN INSPIRATION:

GIORGIO ARMANI: "Jennifer has that natural presence that should never be suffocated by anything ornate or overdone. She proves beyond doubt that less is more when it comes to dressing for the red carpet."

CHRISTIAN DIOR DESIGNER JOHN GALLIANO: "She wore that dress with the ease of a girl wearing a pair of jeans," he said about her choice to wear one of his designs the night she picked up her Emmy.

HALSTON'S FORMER DESIGNER BRADLEY BAYOU: "She has this girly flirtatiousness, but there's also elegance," he has said. (Jennifer wore a vintage navy blue Halston gown to another Emmys ceremony.)

LAWRENCE STEELE, WHO DESIGNED HER WEDDING GOWN: "She's so fresh and has a girl-next-door quality. You feel like she's your friend."



The Hair

THE STORY BEHIND THE SHAG THAT INSPIRED A GENERATION

Remember in the mid-'90s, when everyone wanted a "Rachel shag"—the hairstyle that suddenly looked way more modern than boring all-one-length 'dos? "It was a fluke," her hairdresser, Chris McMillan, has said. "She was growing out her bangs, so I just layered her hair around them."

These days, Jennifer prefers going au naturel. She washes her wavy hair every other day. "If I'm at the beach in certain weather, it can get ringlets and I like it," she has said. "There was one look I really liked, where I had a low ponytail and a red dress—I just felt so comfortable and casual."

The Life

SHE MANAGES TO STAY DIGNIFIED

It would probably be easy for Jennifer to let loose about the alleged romance between Brad and Angelina Jolie, but she's gone the less-is-more route when dealing with the press. Asked by *Access Hollywood* about her problems, she said only, "There is always going to be the tough and the nasty. You just tune out to that."

She's also turned to her best friend, former *Friendster* Courteney Cox, to help her cope without losing it. They're often seen walking on the beach in front of Court's Malibu home. "If you don't know what to do, Courteney can tell you in three seconds," Jennifer has said.



THE NEXT MAN IN JEN'S LIFE WILL BE... OSCAR?

Her personal life may still be a bit up in the air, but Jennifer's career is on fire! In fact, insiders are predicting that the next man to move in with her will be a naked little gold guy named Oscar! After Tom Cruise and Nicole Kidman divorced, Nicole won an Oscar, and now that Brad and Jen are divorcing, Jennifer's hoping to win one, too. According to one insider, Jen has even picked out a vintage gown that she

calls her "Oscar dress" to wear if she ever gets nominated for the top acting award. The insider says that Jennifer couldn't resist buying the 1960s Chanel couture gown that fit her perfectly and cost more than \$12,000. The one-of-a-kind item is hanging in her closet, and Jen is confiding to pals that she's saving it for her date with Oscar—whenever that happens.

The Hot Career

SHE'S FINALLY LIVING HER SILVER-SCREEN DREAMS

Jennifer's already working on five new movies, several of which are serious dramas unlike any she has tackled before. She just signed on for *Wanted*, a crime drama with two-time Oscar-winner Meryl Streep. In the upcoming *Demolished*, with Clive Owen, she plays a woman having an affair who is blackmailed by a violent criminal.

But she hasn't given up on comedy. She just finished filming the ironically titled *The Break Up* in Chicago, with Vince Vaughn, and will soon be seen in *Rumor Has It*, in which she plays a woman who learns that her family was the inspiration for the book and film *The Graduate*.



WHAT DOES HER FUTURE HOLD?

"Jennifer Aniston will still draw media attention, though you may see her out of the limelight while she gathers up steam for a new strategy. She is slowly following the direction of people like Lucille Ball and Goldie

Hawn, who had solo careers and also operated their own companies for behind-the-scenes projects. She will be acting, directing, producing and writing. Jen is going to be a power to be reckoned with as she takes on new

projects. I'm not picking up much in the serious-romance department. She will be linked to a lot of male friends and each mini hookup will be reported to the media as more than what it is. According to the

energy right now, she has another marriage, but that is at least two years into the future. Her husband-to-be will be a very big surprise!"

LINDA LAUREN,
PSYCHIC MEDIUM AND
ENERGY ARTIST



PSST! JEN WAS A GAWKY TEENAGER. "I WASN'T BEAUTIFUL, SO I HAD TO BE FUNNY," SHE HAS SAID.

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