

FREE MINI MAG: LOSE 10 LBS.—NO DIET REQUIRED

McColl's

SINCE 1876

Is your doctor cutting corners?

5 telltale warning signs

Yummy desserts that won't add a pound



Knit Julia Roberts' sweater



FREE directions inside

EXCLUSIVE BOOK EXCERPT

Celine Dion

shares the painful story of her husband's cancer and the joy of her longed-for miracle pregnancy

8 vitamins every woman needs

65 ways to save time

Do your chores twice as fast

January 2001 \$1.99



"My 6-year-old dresses like Britney Spears"

Are moms losing the fashion war?